

# SQUAD TIMETABLE

VALID FROM 1<sup>ST</sup> NOVEMBER 2024

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	MON	TUES	WED	THURS	FRI	SAT
<b>MORNING SESSIONS</b>	<b>SWIM FIT</b> 5:30 - 6:30AM			<b>SWIM FIT</b> 5:30 -6:30AM		<b>SWIM FIT</b> 6:00 - 7:00AM
	<b>BRONZE 2 Dryland</b> 6:00-6:15am <b>Swim Set</b> 6:15-7:00am	<b>BRONZE 2</b> 6:00-7:00am		<b>BRONZE 2 Dryland</b> 6:00-7:00am Swim Set	<b>BRONZE 2 Dryland</b> 6:00-6:15am <b>Swim Set</b> 6:15-7:00AM	<b>BRONZE 1 &amp; 2</b> 7:00 - 8:00AM
	<b>SILVER Dryland</b> 5:45-6:30AM <b>Swim Set</b> 6:30-7:15AM	<b>SILVER</b> 5:30 - 7:00AM		<b>SILVER Dryland</b> 5:45-6:30AM <b>Swim Set</b> 6:30-7:15AM	<b>SILVER Dryland</b> 5:30-6:15AM <b>Swim Set</b> 6:15-7:00AM	<b>SILVER</b> 7:00 - 8:00AM
	<b>GOLD Dryland</b> 5:30-6:30AM <b>Swim Set</b> 6:30-7:30AM	<b>GOLD</b> 5:30-7:30AM		<b>GOLD Dryland</b> 5:30-6:30AM <b>Swim Set</b> 6:30-7:30AM	<b>GOLD</b> 5:30 - 7:30AM	<b>GOLD Dryland</b> 6:00-7:00AM <b>Swim Set</b> 7:00 - 8:00AM
<b>AFTERNOON SESSIONS</b>	<b>BRONZE 1</b> 3:30-4:15PM	<b>BRONZE 1</b> 3:30-4:15PM	<b>BRONZE 1</b> 3:30-4:15PM	<b>BRONZE 1</b> 3:30-4:15PM	<b>BRONZE 1</b> 3:30-4:15PM	
	<b>BRONZE 2</b> 3:45-4:45 PM	<b>BRONZE 2</b> 3:45-4:45 PM	<b>BRONZE 2 Dryland</b> 3:45-4:15PM <b>Swim set</b> 4:15-4:45PM	<b>BRONZE 2</b> 3:45-4:45 PM	<b>BRONZE 2</b> 3:45-4:45 PM	
	<b>SILVER</b> 4:45-6:15PM	<b>SILVER</b> 4:45-6:15PM	<b>SILVER Dryland</b> 4:45-5:30PM <b>Swim set</b> 5:30-6:15PM	<b>SILVER</b> 4:45-6:15PM	<b>SILVER</b> 4:45-5:45PM	
	<b>GOLD</b> 4:15-6:15PM	<b>GOLD</b> 4:15-6:15PM	<b>GOLD</b> 4:15-6:15PM	<b>GOLD</b> 4:15-6:15PM	<b>GOLD</b> 4:15-5:45PM	

Bronze Squad \$38.00 per week  
Silver Squad \$42.00 per week  
Gold Squad \$46.50 per week

Adult Swim Fit \$20.00 per session / Concession \$15.50  
Adult Swim Fit 10 Pass \$180.00

Adult Direct Debit Session and Swim \$23.00 per week

Ferny Hills Aquatic Centre is the home to the Ferny Hills District Swimming Club

For interest, please contact:

<https://www.facebook.com/FHDSC>

Registrar Email - registrarferny@gmail.com

# SQUAD TERMS & CONDITIONS

## Welcome to Ferny Hills Aquatic Centre

### Your Squad Membership includes:

- Weekly Access to Squad Training (6-10 sessions based on squad level).
- **Free** swimming for registered **swimmers** throughout the year.

### Swim Fit Sessions:

- Visit Passes are only valid for Swim Fit Sessions.
- Direct Debit Pass valid for Sessions and Lap Swimming

### Squad Clinics

- Throughout the year (subject to availability).
- At times there will be additional specialty workshops which may incur a cost with registration.

### Summer Break

- Suspend for free and not come to the pool for squad break.
- Continued Payment and everyone in your family (anyone on your Medicare card) has access to the Aquatic Centre for the squad break.

### Accounting Processes

- The Billing cycle for our site is Thursday.
- Any Suspensions can only be actioned if information is provided in **writing via email** to our Reception staff **before 3.00pm on Wednesday**.
- Retrospective suspensions cannot be provided as billing is automated.

### Missed Sessions

- Squads are available 6 days per week.
- Swimmers can attend 1 or all available sessions for their level - No credit for "missed" sessions.

### Absence for Injury/Illness and Covid Close Contact

- Provision of evidence emailed to our office and we will issue a credit.
- Minimum 1 week duration Maximum 6 weeks.

### Suspensions (prior to Wednesday 3.00pm)

- Please request in writing via email.
- You may suspend for a minimum of 1 week at a time so long as the total time suspended within the minimum term does not exceed 6 weeks. There is a suspension fee of \$5.00 per week.

### Public Holidays

Squad sessions are NOT conducted on public holidays.

Any concerns, please contact venue management. Thank you